

East District Cross Country Relay Championships

**Deans Community High School
Livingston, EH54 8PS
Saturday 12th October 2019**

<u>Race</u>	<u>Start</u>	<u>Dist.</u>
Young Females	1200	3x2500m
Young Males	1240	3x2500m
Senior / Junior / Masters Women	1320	3x4000m
Senior / Junior / Masters Men	1420	4x4000m

NUMBERS: Girls, Boys, Women - All Laps WHITE
Men - **3rd Lap RED** - All other laps WHITE



East District Cross Country Relay Championships
Deans Community High School
Saturday 12th October 2019
OFFICIALS

Referee:	Ron Morrison
Assistant Referee:	Dave Cairns
Changeovers:	Andy Law (Chief), Fred McCluskie
Funnel Control:	Alex Jackson, Phyllis Law
Timekeepers:	Alan Carruthers
Recorder (Time):	Doug Carruthers, Ian Mann
Recorder (Places):	Rachel Halliday (Chief), Ken Morris, Bill Gentleman
Starter:	Barry Craighead
Declarations:	Neil Donachie, Marion Donachie
Results:	Marjory Cook, Moira Reid, Ron Morrison
Presentations:	Linden Nicholson, Sandra Hardacre
Announcer:	Graham Bennison
Officials Report:	Barry Craighead
Course Marshalls:	Lothian Running Club
Convenor:	Sandra Hardacre

scottishathletics thanks the following for their assistance in running today's event:

Lothian Running Club
St Andrew's Ambulance

COMPETITION INFORMATION SHEET

Event: East District Cross Country Relay Championships **EAST XCR**
 (Incorporating Masters Championships)
 Venue: Deans Community High School, Eastwood Park, Livingston, EH54 8PS
 Date: Saturday 12th October 2019

		Declarations				
Race	Age Group	BORN DURING		Close	Race Starts Changed for 2019	Laps
YOUNG FEMALES	U13	01/09/2006 to 31/08/2008				
	U15	01/09/2004 to 31/08/2006		1130hrs	1200hrs	3x2500m
	U17	01/09/2002 to 31/08/2004				
YOUNG MALES	U13	01/09/2006 to 31/08/2008				
	U15	01/09/2004 to 31/08/2006		1210hrs	1240hrs	3x2500m
	U17	01/09/2002 to 31/08/2004				
SENIOR/JUNIOR + MASTERS WOMEN		BORN BEFORE 01/09/2002 Masters Age on Day		1250hrs	1320hrs	3x4000m
SENIOR/JUNIOR + MASTERS MEN		BORN BEFORE 01/09/2002 Masters Age on Day		1350hrs	1420hrs	4x4000m
Entires Close:		Thur 26th September 2019		<u>NO LATE ENTRIES</u>		
Address for Entries:		events@scottishathletics.org.uk				
East XC Relays, scottishathletics Ltd, Caledonia House, South Gyle, Edinburgh, EH12 9DQ						
YOUNG ATHLETES RACES						
1st LAP Under 13		2nd LAP Under 15 OR Under 13		3rd LAP Under 17 OR Under 15		

Bank Details: RBS, Sort Code: 83-19-04 Acc No 00667222

Important Notes

(1) District relays incorporate Masters Championships. There will be a set of Masters gold, silver and bronze medals for both Men and Women. Masters Age Group: from 40 for both Men and Women on race day.
 (2) All entered athletes must be members of scottishathletics at the time of the closing date and be in date on race day. Entry forms must include SA Numbers, athletes without valid membership numbers will not be processed.

(3) Athletes who are submitted without a valid membership or out of date membership cannot be added after the closing date.

(4) All competitors MUST compete in the declared order, and an entered athlete MUST NOT be substituted by a non-entered athlete at any time.

(5) Club colours MUST be worn

(6) Students in Full-time Education in Scotland

Students in full-time education in Scotland may compete as 1st claim for both their educational establishment and another Scottish club, but not in the same competition. This is provided that the educational establishment club is confined to students of that establishment. Thus, a student may be entered for two clubs but has to choose one at declaration.

(7) Further information, including Location Map and Course Map, will be available on the Scottish Athletics website.

(8) Club's may only enter a MAXIMUM of 3 TIMES the number of athletes entitled to compete. E.g. For two Senior Men Teams a maximum of 24 eligible athletes.

(9) Club entries must ensure that entrants are medically fit to compete, have no medical issues or disability that would endanger themselves or others by taking part (and will not run if unfit to do so on the day).

By entering all athletes agree that Photographs and/or video footage may be taken and used for PR/Marketing purposes.

1,2,3

Aberdeen AAC

1 Iona McGuire (FU17);
 5 Zara Jezzica Khan (GU13);
 9 Anna McNeill (GU13);
 13 Lydia Barker (GU15);
 17 Charlotte Narducci (GU15);

2 Kirsty Purcell (FU17);
 6 Josie Laing (GU13);
 10 Ellis Rochford (GU13);
 14 Kirstin Grant (GU15);

3 Caitlin Purcell (FU17);
 7 Lois MacMillan (GU13);
 11 Lucy Todd (GU13);
 15 Anna Jackson (GU15);

4 Abby Farquhar (GU13);
 8 Freya McHattie (GU13);
 12 Phoebe Armstrong (GU15);
 16 Johanna Mackenzie (GU15);

4,5,6

Central AC

1 Carrie Banks (FU17);
 5 Amy Cully (GU15);
 9 Naomi Howlieson (FU17);

2 Kyra Gibb (FU17);
 6 Mirren Julie Henry (GU15);

3 Leya Gibb (GU13);
 7 Brogan McMillan (GU15);

4 Carys Gibb (GU13);
 8 Scarlett Roy (GU15);

7,8

Corstorphine AAC

1 Mhairi Arnott (FU17);
 5 Alice Mourao (GU13);

2 Emma Johnson (FU17);
 6 Olivia Clarke (GU15);

3 Georgia Ledingham (FU17);
 7 Emily Gotts (GU15);

4 Amy Leccia (GU13);

9,10,11,12,13

Dundee Hawkhill H

1 Frankie Duncan-Morris (FU17);
 5 Louise Boyd-Thorpe (GU13);
 9 Tilly McLardy (GU13);
 13 Tianah Scott (GU13);

2 Iona Esslemont (FU17);
 6 Beth Collins (GU13);
 10 Cora McMaster (GU13);
 14 Faithe Duffy (GU15);

3 Isla Manning (FU17);
 7 Ruth De Villiers (GU13);
 11 Iris Nicoll (GU13);
 15 Eva Duke (GU15);

4 Lara Manning (FU17);
 8 Coco Jones (GU13);
 12 Willow Scott (GU13);
 16 Grace Matthews (GU15);

14

Dunfermline T&F AC

1 Daisy Cumming (FU17);

2 Ellie Candlish (GU13);

3 Megan Turnbull (GU15);

15,16,17,18

Edinburgh AC

1 Rose Newman (FU17);
 5 Dashka MacDonald (GU13);
 9 Jessica Taylor (GU13);
 13 Cecily Millar (GU15);

2 Eilidh Chisholm (GU13);
 6 Megan McKay (GU13);
 10 Katie Johnson (GU15);
 14 Keira Mooney (GU15);

3 Anna Cruden (GU13);
 7 Freya Pryce (GU13);
 11 Molly Kidd (GU15);
 15 Sorcha Shepherd (GU15);

4 Ellie Lorimer (GU13);
 8 Orlaith Shepherd (GU13);
 12 Anise Macaulay Orr (GU15);

19,20,21

Falkirk Victoria H

1 Merah Anderson (FU17);
 5 Katie Hedges (GU13);
 9 Arwen Kennedy (GU15);

2 Eve Donaldson (GU13);
 6 Erin Horler (GU13);
 10 Abbi Macleod (GU15);

3 Carys Forgie (GU13);
 7 Katie Christie (GU15);

4 Dearbhla Fulton (GU13);
 8 Caitlyn Christie (GU15);

22,23,24,25

Fife AC

1 Hayley Brown (FU17);
 5 Niamh Cumming (GU13);
 9 Katie Sandilands (GU13);
 13 Isla Thoms (GU15);

2 Anna Hedley (FU17);
 6 Beth Harvie (GU13);
 10 Anna Suttie (GU13);
 14 Esmee Thoms (GU15);

3 Jaden Lenny (FU17);
 7 Freya Hedley (GU13);
 11 Isla Hedley (GU15);

4 Libby Smith (FU17);
 8 Holly Ovens (GU13);
 12 Ruby Russell (GU15);

26

Gala H

1 Erin Gray (GU13);

2 Jessica Hendry (GU13);

3 Anna Fairclough (GU15);

4 Isla Paterson (GU15);

27,28

Lasswade AC1 Abby McGlone (FU17);
5 Amy McLaughlin (GU15);2 Abbie Foster (GU13);
6 Olivia Meikle (GU15);

3 Eloise Scott (GU13);

4 Skye Foster (GU15);

29,30

Livingston AC1 Isla Calvert (FU17);
5 Imogen Marshall (GU13);2 Zoe Dunn (FU17);
6 Mia Sokoluk (GU13);3 Shannon Prevost (FU17);
7 Anna Allison (GU15);

4 Roxanne Hardie (GU13);

31

Pitreavie AAC1 Ailsa Barr (FU17);
5 Katie Thomson (GU13);2 Ariane Baillie (GU13);
6 Evina Kasapidis (GU15);3 Laurie Hunter (GU13);
7 Anya Morrison (GU15);

4 Lily Simon (GU13);

32,33

Team East Lothian1 Marcia Callander (FU17);
5 Rachel Stevens (GU13);
9 Rudie Shearer (GU15);2 Flora Henry (FU17);
6 Jessica Bullen (GU15);
10 Lucy Thomson (GU15);3 Cristina Elliot (GU13);
7 Bridget Harley (GU15);
11 Maja Thomson (GU15);4 Olivia Robbins (GU13);
8 Hannah Pathirana (GU15);
12 Maisie Ballantyne (FU17);

34

Teviotdale H

1 Sarah Macleod (GU13);

2 Ava Hughes (GU15);

3 Iona Jamieson (GU15);

36,37

Aberdeen AAC

1 Rhys Crawford (BU13);	2 Ben Cuthill (BU13);	3 Finlay McKay (BU13);	4 Dylan Pearson (BU13);	5 Caleb Brock (BU15);
6 Finlay Cooper (BU15);	7 Kai Crawford (BU15);	8 Dylan Dickie (BU15);	9 Calum Gorman (BU15);	10 Theo Jones (BU15);
11 Aleksandar Jovicic (BU15);	12 Caleb McGuire (BU15);	13 Hamish McKay (BU15);	14 Samuel Stephenson (BU15);	15 Samuel Griffin (MU17);
16 Ross MacMillan (MU17);	17 Alasdair Nunn (MU17);	18 Lewis Watt (MU17);		

38

Banchory Stonehaven AC

1 Felix Crawford (BU13);	2 Luc Macleod (BU13);	3 Cameron Scott (BU13);	4 Kane Noble (MU17);
--------------------------	-----------------------	-------------------------	----------------------

39,40,41,42

Central AC

1 Jamie Connor (BU13);	2 Henry Crossley (BU13);	3 Owen Eckersley (BU13);	4 Joshua Kennedy (BU13);	5 Aaron Middleton (BU13);
6 Fergus Young (BU13);	7 Euan Docherty (BU15);	8 Douglas Fleming (BU15);	9 Cameron Kerr (BU15);	

43,44,45

Corstorphine AAC

1 Benji Eyton-Jones (BU13);	2 Lewis Harrison (BU13);	3 Caelan Rose (BU13);	4 Patrick Milne (BU15);	5 Ben Struthers (BU15);
6 Adam Wetton (BU15);	7 Ruairidh Williams (BU15);	8 Jamie Eyton-Jones (MU17);	9 Euan Flett (MU17);	10 Daniel Saunders (MU17);

46,47,48,49,50,51

Dundee Hawkhill H

1 Flynn Carmichael (BU13);	2 Henry Colquhoun (BU13);	3 Murdo Hastie (BU13);	4 Kieran Matthews (BU13);	5 Daniel McFadyen (BU13);
6 Andrei Morrison (BU13);	7 Chisom David Ugwoke (BU13);	8 Adam Wilson (BU13);	9 Jack Downie (BU15);	10 Archie Dye (BU15);
11 Francis Jones (BU15);	12 Warren Lorente (BU15);	13 Joseph Placentino (BU15);	14 Ryan Fox (MU17);	15 Laurence Petty (MU17);
16 Tejay Scott (MU17);	17 Aidan Simpson (MU17);	18 Euan Smith (MU17);	19 Ryan Smith (MU17);	20 Matthew Tully (MU17);
21 Archie Yeaman (MU17);				

52

Dunfermline T&F AC

1 David Cuthbert (BU13);	2 James Cuthbert (BU15);	3 Malcolm McLure (MU17);
--------------------------	--------------------------	--------------------------

53,54,55,56,57

Edinburgh AC

1 Patrick Barnes (BU13);	2 Gragoire Boyadjian (BU13);	3 Joseph Coane (BU13);	4 Jamie Duncan (BU13);	5 Murray Gillespie (BU13);
6 Jack Harrison (BU13);	7 Lachlan Kunath (BU13);	8 Fergus Pim (BU13);	9 Ben Turtle (BU13);	10 Ross Dewar (BU15);
11 Wilbur Mansell (BU15);	12 Alasdair McCorquodale (BU15);	13 Finlay McWilliam (BU15);	14 Robert Newman (BU15);	15 Kaelin Walford (BU15);
16 Ruairidh Woodland-Broome (BU15);	17 Finlay Balloch (MU17);	18 Connor Daly (MU17);	19 Muir Gillespie (MU17);	20 Hugh Morrow (MU17);
21 Jay Stewart (MU17);	22 Connor Thompson (MU17);			

58,59

Falkirk Victoria H

1 Zackary Jackson (BU13);	2 Adam Kennedy (BU13);	3 Stewart Graham (BU15);	4 Gregor Hunter (BU15);	5 Luke Kennedy (BU15);
6 Campbell Mackay (BU15);	7 Jack Stokes (BU15);	8 Keegan Thomson (BU15);	9 Nathan Laing (MU17);	10 Euan Wond (MU17);

60,61,62

Fife AC

1 Daniel Armstrong (BU13);	2 Marti Penacchio Torres (BU13);	3 Andrew Sanderson (BU13);	4 Fraser Stewart (BU13);	5 Archie Suttie (BU13);
6 Andrew Armstrong (BU15);	7 Guillem Penacchio Torres (BU15);	8 Christopher Sanderson (BU15);	9 Owen Keddie (MU17);	10 Michael Sanderson (MU17);
11 Ben Sandilands (MU17);	12 Peter Scott (MU17);			

63

Harmeny AC

1 Dair Alexander (BU13);	2 Matthew Holden (BU13);	3 Ethan Lorimer (BU15);	4 Tendai Nyabadza (BU15);	5 Finlay Ross (BU15);
--------------------------	--------------------------	-------------------------	---------------------------	-----------------------

64,65

Lasswade AC

1 Harry Miller (BU13);	2 Rowan Taylor (BU13);	3 Jonathan Adams (BU15);	4 Alasdair Brown (BU15);	5 Alec Miller (BU15);
6 Alastair Scott (BU15);	7 Ross Wolfenden (BU15);	8 Alexander Porteous (MU17);		

66,67

Livingston AC

1 Moray Butler (BU13);	2 Gregor Calvert (BU13);	3 Joel Greig (BU13);	4 Brodie Nixon (BU13);	5 Logan Beagley (BU15);
6 Elliot Frame (BU15);	7 Jonathan Marshall (MU17);	8 Andrew McGill (MU17);	9 Fraser Morris (MU17);	

68

Lothian RC

1 Jonathan Collings (BU13);	2 Sorley MacDonald (BU13);	3 Murray Close (BU15);
-----------------------------	----------------------------	------------------------

69

Musselburgh & Dist AC

1 Jim Henry (BU13);	2 Sandy Henry (BU13);
---------------------	-----------------------

70

Pitreavie AAC1 Calum R Hall (BU13);
6 Patrick Doyle (MU17);2 Jack McInnes (BU13);
7 Ruairidh Elder (MU17);3 Caleb McLeod (BU15);
8 Ben Johnston (MU17);

4 Oliver Rodger (BU15);

5 Roy Taylor (BU15);

71

Strathearn H

1 Andrew Grant (BU13);

2 Tristan Spurway (BU13);

3 William Armstrong (BU15);

4 Fergus Mardon (MU17);

72,73,74,75

Team East Lothian1 Omar Bajo (BU13);
6 Callum Rafferty (BU13);
11 Jack Renton (BU15);2 Oliver Coghlan (BU13);
7 Sean Russell (BU13);
12 Colin Riley (BU15);3 Connor Lupton (BU13);
8 Innes Wright (BU13);
13 Angus Wright (BU15);4 Finn Middleton (BU13);
9 Corey Campbell (BU15);
14 Robbie Anderson (MU17);5 Finlay Milne (BU13);
10 Aidan Page (BU15);
15 Angus Chandler (MU17);

76,77,78

Teviotdale H1 Glen Jamieson (BU13);
6 Robbie Welsh (BU15);2 Zac Stewart (BU13);
7 Robert Wood (BU15);3 Irvine Welsh (BU13);
8 Thomas MacAskill (MU17);

4 Conan Harper (BU15);

5 Calum Renwick (BU15);

1,2

Aberdeen AAC

1 Jennifer Harrison (F Sen);	2 Jade Maclaren (F Sen);	3 Holly Morrison (F Sen);	4 Eilidh Prise (F Sen);	5 Kelsey Stewart (F Sen);
6 Veronique Oldham (F50);	7 Anne Howie (F55);	8 Cliona McCheyne (FU20);	9 Nuala McCheyne (FU20);	10 Janani Mohan (FU20);
11 Kirsty Oldham (FU20);				

3

Carnegie Harriers

1 Michelle Best (F40);	2 Gail Beveridge (F55);	3 Joy Gudgin (F55);
------------------------	-------------------------	---------------------

4,5,6

Central AC

1 Cliona Diamond (F Sen);	2 Fanni Gyurko (F Sen);	3 Claire Houston (F Sen);	4 Kirsten Samara McStay (F Sen);	5 Elizabeth Thompson (FU20);
6 Lauren McCulloch (FU20);	7 Morag Millar (F Sen);	8 Julia McAfee (F45);	9 Rosie Eckersley (FU20);	10 Heather Scott (FU20);

7,8,9

Corstorphine AAC

1 Hannah Addison (F Sen);	2 Caitlin Arnott (F Sen);	3 Jilly McKay (F Sen);	4 Kira Mourao (F40);	5 Fiona Linklater (F45);
6 MCC Cemborain (F50);	7 Janet Grigor (F50);	8 Sarah Ledingham (F50);	9 Jessica MacLeod (FU20);	

10

Dunbar RC

1 Karen Page (F40);	2 Penny Gardiner (F50);	3 Rhona Anderson (F55);
---------------------	-------------------------	-------------------------

11,12,13

Dundee Hawkhill Harriers

1 Phillippa De Villiers (F Sen);	2 Danielle MacDermid (FU20);	3 Eilidh L Reynolds (F Sen);	4 Catherine Matthews (F45);	5 Nicola Tully (F45);
6 Gillian Hernandez (F50);	7 Debbie Letham (F50);	8 Catriona M Reynolds (F50);	9 Shania King (FU20);	

14

Dundee RR

1 Fiona Callaghan (F Sen);	2 Joanne Clancy (F Sen);	3 Janet Murray (F Sen);
----------------------------	--------------------------	-------------------------

15,16,17,18,19,20

Edinburgh AC

1 Zoe Bates (F Sen);	2 Maria Boland (F Sen);	3 Hannah Cameron (F Sen);	4 Elaine Eadie (F Sen);	5 Rebecca Frake (F Sen);
6 Nikki Gibson (F Sen);	7 Hazel MacCormick (F Sen);	8 Isla Scott-Pearce (F Sen);	9 Lauren Wilson (F Sen);	10 Lucy Marshall (F40);
11 Emily Ramsay (F45);	12 Shona Adam (F50);	13 Karen Dobbie (F50);	14 Janet Dunbar (F50);	15 Susan Ridley (F50);
16 Anne Duncan (F55);	17 Lucia Montgomery (FU20);			

21,22,23,24,25,26,27,28

Edinburgh Univ H&H

1 Catriona Allan (F Sen);	2 Lydia Blythe (F Sen);	3 Elodie Chatel (F Sen);	4 Eliza Cottington (F Sen);	5 Polly Edwards (F Sen);
6 Ellie Enichen (F Sen);	7 Katie Hall (F Sen);	8 Rebecca Johnson (F Sen);	9 Rhiannon Kirk (F Sen);	10 Katie Lowery (F Sen);
11 Caterina Mrose (F Sen);	12 Heather Nichols (F Sen);	13 Helen Ockenden (F Sen);	14 Abi Plowman (F Sen);	15 Ella Revitt (F Sen);
16 Laura Stark (F Sen);	17 Carolyn Cameron (FU20);	18 Rosina Graham (FU20);	19 Jenny Hall (FU20);	20 Eilidh Jaffray (FU20);
21 Hannah Morrison (FU20);	22 Constance Nankivell (FU20);	23 Holly Page (FU20);	24 Zoe Pflug (FU20);	

29,30,31

Falkirk Victoria Harriers

1 Claire Campbell-Swan (F Sen);	2 Freya Ross (F Sen);	3 Roisin Fulton (F40);	4 Lorna Kennedy (F40);	5 Nicola Flynn (F45);
6 Monica Anderson (F50);	7 Fiona Matheson (F55);	8 Jessica Christie (FU20);	9 Eilidh McCallum (FU20);	

32,33

Ferranti AAC

1 Sarah Connolly (F Sen);	2 Julia Loecherbach (F Sen);	3 Alison McDonald (F Sen);	4 Pascaline Mollard (F Sen);	5 Julia Drewer (F40);
6 Claire Gilchrist (F50);	7 Siobhan Sellar (F50);	8 Elizabeth Gilchrist (F75);		

34,35,36,37,38

Fife AC

1 Megan Crawford (F Sen);	2 Jennifer Cruickshanks (F Sen);	3 Kerry Gibson (F Sen);	4 Laura Gibson (F Sen);	5 Katie Jones (F Sen);
6 Sheena Logan (F Sen);	7 Andrea Burke Rae (F Sen);	8 Halina Rees (F Sen);	9 Jenny Selman (F Sen);	10 Annabel Simpson (F Sen);
11 Amie Watt (F Sen);	12 Heather Anderson (F40);	13 Hilary Lalande (F40);	14 Michaela McLean (F40);	15 Lindsay J Wilson (F40);
16 Angela Howe (F45);	17 Gillian Smith (F45);	18 Elizabeth Bloomfield (F50);	19 Louise Burt (F55);	20 Mary Western (F55);
21 Innes Bracegirdle (F60);	22 Wilma Gillespie (F60);	23 Margaret Martin (F60);	24 Jocelyn Scott (F65);	

39,40

Gala Harriers

1 Katy Barden (F Sen);	2 Sara Green (F Sen);	3 Kirstin Maxwell (F Sen);	4 Kate Jenkins (F45);	5 Julia Johnstone (F45);
6 Lindsay Dun (F50);	7 CAROLE FORTUNE (F55);	8 Eileen Maxwell (F55);		

41,42,43

Harmeny AC

1 Elaine Walker (F40);	2 Samantha Denis (F45);	3 Fiona Zeiner (F45);	4 Wendy Cunningham (F50);	5 Susan Ross (F50);
6 Lorna Broadhurst (F55);	7 Elaine Sandeman (F60);			

44,45,46,47

Hunters Bog Trotters

1 Sophie Collins (F Sen);	2 Katherine Golding (F Sen);	3 Rebecca Harding (F Sen);	4 Rachel Heathcote (F Sen);	5 Jessica Husbands (F Sen);
6 Cat Magill (F Sen);	7 Rici Marshall Cross (F Sen);	8 Morag McClelland (F Sen);	9 Sarah O'Neil (F Sen);	10 Laura Robertson (F Sen);
11 Georgia Rogers (F Sen);	12 Jillian Stephen (F Sen);	13 Georgia Tindley (F Sen);	14 Catriona Bruce (F40);	15 Claire Gordon (F40);
16 Eilis McKechnie (F40);	17 Alice Paterson (F40);	18 Claire Ward (F40);	19 Megan Mowbray (F45);	20 Megan Wright (F45);
21 Alison McNeillage (F50);	22 Phyllis O'Brien (F60);	23 Janice Smith (F60);	24 Sheila Strain (F70);	

48

Kinross RR

1 Susanna Sly (F Sen);	2 Fiona Nisbet (F40);	3 Ann Malcolm (F55);	4 Judith Dobson (F60);
------------------------	-----------------------	----------------------	------------------------

49,50,51

Lasswade AC

1 Amy Frankland (F Sen);	2 Keira Gore (F Sen);	3 Niamh Shaw (F Sen);	4 Amy Smith (F Sen);	5 Catherine Dickson (F45);
6 Rachel Fagan (F45);	7 Ailsa Innes (FU20);	8 Sarah Tait (FU20);		

52

Linlithgow AC

1 Jennifer Newton (F50);	2 Jill Horsburgh (F60);	3 Frances Wood (F60);
--------------------------	-------------------------	-----------------------

53,54,55,56

Lothian RC

1 Kirsty Gray (F Sen);	2 Claire Harris (F Sen);	3 Andrea Cameron (F40);	4 Claire Cunningham (F40);	5 Linda Garratty (F45);
6 Christine MacVarish (F45);	7 Christine Mulholland (F45);	8 Andrea Seabrook (F45);	9 Judith Thomson (F45);	10 Teresa Lynch (F50);
11 Dawn Watson (F50);	12 Shona Young (F50);	13 Yvonne Crilly (F55);	14 Saran Jones (F55);	15 Liz Bondi (F60);
16 Kim Forbes (F60);	17 Chloe McClung (FU20);			

57

Metro Aberdeen RC

1 Jill Bonthron (F Sen);	2 Illona Kriauzaite (F Sen);	3 Lisa Michie (F Sen);
--------------------------	------------------------------	------------------------

58

Musselburgh and District AC

1 Rachael Pollitt (F45);	2 Suzanne Beattie (F50);	3 Anna Lawson-Dick (F50);
--------------------------	--------------------------	---------------------------

59

Penicuik Harriers

1 Jan Dawson (F40);	2 Susie Maxwell (F45);	3 Tracy Philp (F45);
---------------------	------------------------	----------------------

60,61

Perth RR

1 Harriet Shaw (F Sen);	2 Olivia Streatfeild-James (F Sen);	3 Katrina Leese (F45);	4 Fiona Manson (F50);	5 Fabienne Thompson (F50);
6 Bothwell Bothwell (F60);				

62

PH Racing Club

1 Jennifer Caldwell (F Sen);	2 Kristin Lownie (F Sen);	3 Alison McGill (F Sen);	4 Robyn Morrocco (F Sen);	5 Gillian Pratt (F Sen);
6 Zoe Stuart (F40);	7 Karen Kennedy (F45);	8 Julie Menzies (F45);	9 Clare Graham (F50);	

63,64,65

Pitreavie AAC

1 Lauren Gordon (F Sen);	2 Kirstyn Suttie (F Sen);	3 Leona Doherty (F40);	4 Lesley Mealing (F40);	5 Michelle Murphy (F40);
6 Louise Millar (F45);	7 Nicola Moriarty (F45);	8 Penny Hicks (F55);	9 Deborah Cooper (F60);	10 Morna Fleming (F65);

66

Portobello RC

1 Laura Blazey (F Sen);	2 Jennifer Holden (F Sen);	3 Monica Flanagan (F45);	4 Dorothy Mathie (F45);
-------------------------	----------------------------	--------------------------	-------------------------

67,68

Teviotdale Harriers

1 Kirsty Hughes (F40);	2 Ann Aitken (F50);	3 Pauline McAdam (F60);	4 Ishbel Inglis (FU20);
------------------------	---------------------	-------------------------	-------------------------

69,70

University of St. Andrews CC

1 Allison Miller (F Sen);	2 Isabel Remers (F Sen);	3 Anne Ryan (F Sen);	4 Esme Callander (FU20);	5 Rosie Landon (FU20);
6 Capri Mancini (FU20);	7 Rachel Nixon (FU20);			

1,2,3

Aberdeen AAC

1 David Buglass (M Sen);	2 Jordan Chapman (M Sen);	3 Myles Edwards (M Sen);	4 Andrew John Ferguson (M Sen);	5 Michael Ferguson (M Sen);
6 Matthias Flamenco (M Sen);	7 James Joy (M Sen);	8 Will Mackay (M Sen);	9 Eoghan MacNamara (M Sen);	10 Steven Murray (M Sen);
11 Philip Neilson (M Sen);	12 Ben Nelson (M Sen);	13 Aaron Odentz (M Sen);	14 Fearghas Thomson (M Sen);	15 Euan Webster (M Sen);
16 Alasdhair Love (M40);	17 Adam Brown (MU20);	18 Hamish Brown (MU20);	19 Cameron Callow (MU20);	20 Jack Gillespie (MU20);
21 Harry E Hall (MU20);	22 Sandy Laing (MU20);	23 Sunny Mcgrath (MU20);	24 Cameron Stone (MU20);	25 Nicholas Tierney (MU20);
26 Michael Watt (MU20);				

4

Banchory Stonehaven AC

1 Andrew Ferguson Snr (M55);	2 Andrew Ferguson Snr (M55);	3 Andrew Ferguson Snr (M55);
------------------------------	------------------------------	------------------------------

5

Carnegie H

1 Jonathan Millar (M Sen);	2 David Morton (M40);	3 John Hynd (M55);	4 Peter Simpson (M60);
----------------------------	-----------------------	--------------------	------------------------

6,7,8,9,10,11,12

Central AC

1 Gordon Appelbe (M Sen);	2 John Bennett (M Sen);	3 Andrew Butchart (M Sen);	4 Dale Colley (M Sen);	5 Jamie Crowe (M Sen);
6 Iain Elliott (M Sen);	7 Scott Green (M Sen);	8 Alastair Hay (M Sen);	9 Jack Kerr (M Sen);	10 Fraser Logan (M Sen);
11 Colin Logan (M Sen);	12 Scott McDonald (M Sen);	13 Lewis Millar (M Sen);	14 Ruairidh Miller (M Sen);	15 Benjamin Noad (M Sen);
16 Matthew Sutherland (M Sen);	17 Michael Wright (M Sen);	18 Will Hensman (M40);	19 Alan Hume (M40);	20 Colin Alexander (M45);
21 Scott Brember (M45);	22 Ewan Jack (M45);	23 Jens Subke (M45);	24 Iain Dunsmore (M50);	25 Alexander Milne (M50);
26 Colin Sinclair (M50);	27 David Eckersley (M55);	28 Hugh Kerr (M55);	29 Liam McCabe (M55);	30 Cameron Campbell (M60);
31 Allan Gall (M60);	32 Charles Graham-Marr (M60);	33 Roger Greenaway (M65);	34 John Millar (M65);	35 Sam Burton (MU20);
36 Tom Graham-Marr (MU20);	37 Telfer Gray (MU20);	38 Hamish Hickey (MU20);	39 Sandy Holl (MU20);	40 Ben MacMillan (MU20);
41 Aidan Shea (MU20);				

13,14,15,16,17,18

Corstorphine AAC

1 James Dunn (M Sen);	2 Donald Gavine (M Sen);	3 Aaron Hoyle (M Sen);	4 Stuart Livingstone (M Sen);	5 Donald Macaulay (M Sen);
6 John Macleod (M Sen);	7 Calum McKenzie (M Sen);	8 Scott Pilkington (M Sen);	9 Chris Poxton (M Sen);	10 Dougie Selman (M Sen);
11 Moray Anderson (M40);	12 Alastair Brockie (M40);	13 Tom Ferrington (M40);	14 David Hart (M40);	15 Malcolm Lang (M40);
16 Ross Milne (M40);	17 Alan Cameron (M45);	18 David Arnott (M50);	19 Stuart Campbell (M50);	20 Graeme Fletcher (M55);
21 Ian Johnston (M55);	22 Peter Selman (M60);			

19

Dunbar RC

1 Craig O'Donnell (M Sen);	2 Iain Pugh (M40);	3 Nicholas Williamson (M40);	4 Lee Curtis (M45);	5 Paul Moseley (M45);
6 Andrew Anderson (M55);				

20,21,22,23,24

Dundee Hawkhill H

1 Romain Borgeal (M Sen);	2 Munro Stewart (M Sen);	3 Gordon Barrie (M45);	4 Ciaran Collins (M45);	5 Steve Matthews (M45);
6 Antony Nicoll (M45);	7 Raymond Tully (M45);	8 Scott Moncur (M50);	9 Marco Placentino (M50);	10 Kenneth Letham (M55);
11 Euan MacDermid (M55);	12 Nigel Reynolds (M55);	13 Guillermo Hernandez (M70);	14 James Adam (MU20);	15 Kristofer Hernandez (MU20);
16 Kristof Hornyik (MU20);	17 Ben MacDermid (MU20);	18 Callum McCormack (MU20);	19 Cameron Sale (MU20);	

25,26

Dundee RR

1 Chris Earl (M Sen);	2 Benjamin Gibson (M Sen);	3 Arnaud Richard (M Sen);	4 Stewart Macleod (M40);	5 Derek Arthur (M45);
6 George McKinley (M45);	7 Michael Mitchell (M50);	8 John Mill (M55);		

27,28,29,30,31,32,33,34,35

Edinburgh AC

1 Myles Bax (M Sen);	2 Gavin Bryson (M Sen);	3 Sean Calder (M Sen);	4 Matthew Davies (M Sen);	5 Malcolm Fraser (M Sen);
6 Peter Graham (M Sen);	7 Kevin Hamilton (M Sen);	8 Quinten Hennekam (M Sen);	9 Robin Kyle (M Sen);	10 Thomas Leeman (M Sen);
11 Mark MacDermot (M Sen);	12 Iain Macdonald (M Sen);	13 John Morris (M Sen);	14 Olger Pedersen (M Sen);	15 Harry Putnam (M Sen);
16 Terry Roberts (M Sen);	17 Paul Stirling (M Sen);	18 Sean Sweeney (M Sen);	19 Angus Thomson (M Sen);	20 Steven Watters (M Sen);
21 Iain Whitaker (M Sen);	22 Dermot Bailie (M40);	23 Richard Clark (M40);	24 Iain Craven (M40);	25 Patrick Fenn (M40);
26 Kevin Graham (M40);	27 Scott Henderson (M40);	28 Leon Johnson (M40);	29 Richard Meade (M40);	30 Mark Thornton-Smith (M40);
31 Michael Fullerton (M45);	32 Robert Hamilton (M45);	33 Lewis Orr (M45);	34 Malcolm Parry (M45);	35 Argy Rizos (M45);
36 Max Carcas (M50);	37 Dave Clements (M50);	38 Andrew Latham (M50);	39 Gavin Phillip (M50);	40 Daniel Rivera (M50);
41 David Cross (M55);	42 Dougie Gowan (M55);	43 Garry Robertson (M55);	44 David Steele (M55);	45 Ian Williamson (M55);
46 Alex MacEwen (M60);	47 Eric Stevenson (M65);			

36,37,38,39,40,41

Edinburgh Univ H&H

1 Alex Carcas (M Sen);	2 Elisha De Mello (M Sen);	3 Ethan Fiallo (M Sen);	4 Roy Griffiths (M Sen);	5 Kai Hugtenburg (M Sen);
6 Andrew Johnstone (M Sen);	7 Jack Leitch (M Sen);	8 Gregor Malcolm (M Sen);	9 Harry McCaughey (M Sen);	10 Max Milarvie (M Sen);
11 Paul Morrison (M Sen);	12 Conor O'Riordan (M Sen);	13 Alasdair Pedley (M Sen);	14 Angus Pope (M Sen);	15 Daniel Stansfield (M Sen);
16 Oliver Teenan (M Sen);	17 Jackson Woodruff (M Sen);	18 Max Bloor (MU20);	19 Matthew Dailey (MU20);	20 Joshua Liddle (MU20);
21 Ifan Gruff Oldfield (MU20);	22 Robert Sparks (MU20);	23 Callum Tharme (MU20);	24 Alastair Thomas (MU20);	

42,43,44,45

Falkirk Victoria H1 Stuart Douglas (M Sen);
6 Stephen Baird (M45);
11 Douglaa Hill (M55);2 Steven George (M Sen);
7 Mark Johnstone (M45);
12 Grant Matheson (M55);3 Euan Martin (M Sen);
8 Malcolm Finlayson (M50);
13 Alastair McCallum (M55);4 Euan McCallum (M Sen);
9 Craig Johnston (M50);
14 James McLaren (M55);5 Michael Ross (M Sen);
10 Andrew Ronald (M50);
15 Michael McQuaid (M55);

46,47

Ferranti AAC1 Calum MacDonald (M Sen);
6 Robert Miller (M55);
11 Keith Weston (M70);2 Andreas Drewer (M40);
7 Grant Sellar (M55);
12 James Shaw (M80);3 Paul Caban (M50);
8 Alex Bell (M60);4 Iain Shaw (M50);
9 Gerry Clement (M70);5 Ross Anderson (M55);
10 Eddie McDonald (M70);

48,49,50,51,52,53,54

Fife AC1 Simon Anetts (M Sen);
6 Alistair Gudgin (M Sen);
11 Ryan Lafferty (M Sen);
16 Derek Rae (M Sen);
21 Rory Scott (M Sen);
26 Eric Lalande (M40);
31 Paul Webb (M45);
36 Stewart Dillon (M55);
41 Steven Pennycook (M60);
46 Gavin McWhinnie (MU20);2 Graeme Barker (M Sen);
7 Russell Hall (M Sen);
12 Jonathan Logan (M Sen);
17 James Rae (M Sen);
22 Liam Sleigh (M Sen);
27 Stephen Clark (M45);
32 John McIntyre Snr (M50);
37 Bill Fairmaner (M55);
42 Clive Roberts (M60);
47 Iain McWhinnie (MU20);3 Mark Buchan (M Sen);
8 Fergus Ingledew (M Sen);
13 Gregor Malcolm (M Sen);
18 Tristan Rees (M Sen);
23 Kevin Wallace (M Sen);
28 Calum Harvie (M45);
33 Neill Mitchell (M50);
38 Bryce Aitken (M60);
43 Paul Sutherland (M65);
48 Craig Morris (MU20);4 Kenny Gorman (M Sen);
9 Jamie Ingledew (M Sen);
14 Shaun Paterson (M Sen);
19 Lewis Rodgers (M Sen);
24 Kevin Wood (M Sen);
29 Jimmy McIntyre (M45);
34 David Sleigh (M50);
39 Gary Barker (M60);
44 Kenneth Morris (M70);
49 Adam Scott (MU20);5 Owen Greene (M Sen);
10 Ben Kinninmonth (M Sen);
15 James Pennycook (M Sen);
20 Gary Rowan (M Sen);
25 James Hall (M40);
30 Neil Millar (M45);
35 Keith Bonthronne (M55);
40 Mark Gowans (M60);
45 D.Melville Scobie (M70);
50 Robert Sparks (MU20);

55,56,57

Gala H1 Darrell Hastie (M Sen);
6 Tim Darlow (M40);
11 Rory Campbell (M45);
16 Bob Johnson (M60);
21 William Taylor (MU20);2 Fergus Johnston (M Sen);
7 Magnus Inglis (M40);
12 Graeme Hendry (M45);
17 William McCulloch (M60);
22 Lewis Tharme (MU20);3 Simon Adamson (M40);
8 Jamie McGowan (M40);
13 Neil Christie (M50);
18 David Nightingale (M60);4 Brian Aitchison (M40);
9 Graeme Murdoch (M40);
14 Tim Brus (M55);
19 James Purves (M60);5 Colin Brown (M40);
10 Gary Trewartha (M40);
15 Ian Maxwell (M55);
20 Sam Mckinnon (MU20);

58,59

Harmony AC1 Jon Denis (M45);
6 David Alexander (M50);2 Mark Jones (M45);
7 Andrew Ross (M50);3 Jason McGillivray (M45);
8 Keith Martin (M55);

4 Mike Taylor (M45);

5 Karl Zeiner (M45);

60,61,62,63

Hunters Bog Trotters1 James Bowden (M Sen);
6 Daniel Darwin-Clements (M Sen);
11 Peter Gardner (M Sen);
16 Graeme Kafka (M Sen);
21 Luke Park (M Sen);
26 James Waldie (M Sen);
31 Ray Ward (M40);
36 Jon Rathjen (M50);2 Wade Cormack (M Sen);
7 Richard Dougal (M Sen);
12 Michael Grant (M Sen);
17 Alex Luetchford (M Sen);
22 Mark Rhynes (M Sen);
27 Craig Walling (M Sen);
32 David Wright (M40);
37 Neil Thomas (M50);3 Ewan Crawford (M Sen);
8 Scott Fraser (M Sen);
13 Simon Harrison (M Sen);
18 John McManus (M Sen);
23 James Rogers (M Sen);
28 Chris Walsh (M Sen);
33 Michael Bareford (M45);
38 Brian Pendreigh (M60);4 Jonathan Crickmore (M Sen);
9 Craig Freshwater (M Sen);
14 Peter Hodgkinson (M Sen);
19 Stuart Mounce (M Sen);
24 Mark Shankey (M Sen);
29 Martin Quirke (M40);
34 Alistair Hindle (M45);
39 Jim Thyne (M60);5 Andrew Cummings (M Sen);
10 David Fulton (M Sen);
15 Huw Jones (M Sen);
20 Ben Murphy (M Sen);
25 Doug Tullie (M Sen);
30 Andrew Sims (M40);
35 Philip Mowbray (M45);
40 Allan Gordon (M70);

64

Kinross RR

1 Stewart Nisbet (M45);

2 Billy Webster (M45);

3 Gavin Orr (M50);

4 Graeme Malcolm (M55);

65,66

Lasswade AC1 David Scott (M40);
6 Peter Ness (M50);2 Derrick Brydon (M45);
7 Christian Graham (MU20);3 Scott Dickson (M45);
8 Euan Hood (MU20);4 Stephen Brown (M50);
9 Magnus Tait (MU20);

5 Andrew McGlone (M50);

67,68,69,70,71,72,73,74

Lothian RC1 Darryl Baxter (M Sen);
6 Euan Rennie (M Sen);
11 Gavin Mackay (M40);
16 James Beattie (M45);
21 Craig Pirie (M45);
26 David Meek (M50);
31 Jim Alexander (M55);
36 Harry Mulholland (M55);
41 Ted Finch (M65);
46 Kyle Williamson (MU20);2 Joshua Dack (M Sen);
7 Owen Williams (M Sen);
12 Barry McComish (M40);
17 Alan Cunningham (M45);
22 Ross Williamson (M45);
27 Scott Nelson (M50);
32 George Gilhooley (M55);
37 Phil Evans (M60);
42 Ewart Scott (M65);3 Duane Kellock (M Sen);
8 Al Aitken (M40);
13 Alan Moffat (M40);
18 Pol MacDonald (M45);
23 Colin Wishart (M45);
28 Stig Walsh (M50);
33 Dougie Hunter (M55);
38 Martin Leadbetter (M60);
43 Phillip Jurczyk (M70);4 Robert Kennedy (M Sen);
9 Iain Cameron (M40);
14 Alastair Murray (M40);
19 Euan McInnes (M45);
24 Andrew Corrigan (M50);
29 Alan Weir (M50);
34 Kenton Jones (M55);
39 Kenny Mearns (M60);
44 Ryan Kirkland (MU20);5 Samuel McIntosh (M Sen);
10 Alan Knowles (M40);
15 Colin Partridge (M40);
20 Will Moffat (M45);
25 Stephen Malcolm (M50);
30 Paul Young (M50);
35 Brian Lees (M55);
40 Peter West (M60);
45 Louis MacDonald (MU20);

75,76,77,78,79

Metro Aberdeen RC

1 Hamish Battle (M Sen);
6 Chris Richardson (M Sen);
11 Steve Buchan (M40);
16 Ruairidh Campbell (M45);

2 Calum Crawford (M Sen);
7 Michael Simpson (M Sen);
12 Kevin Buchan (M40);
17 Andy Redman (M55);

3 Kenny Garden (M Sen);
8 Cameron Strachan (M Sen);
13 Jeremy Kibble (M40);
18 Nathan Tosh (MU20);

4 Scott Macleod (M Sen);
9 Ben Ward (M Sen);
14 Jim Tole (M40);

5 Steven James Morrison (M Sen);
10 Mark Young (M Sen);
15 Craig Anderson (M45);

80,81

Musselburgh and District AC

1 Ronald Mason (M Sen);
6 Mike Malcolm-Smith (M50);

2 David Surtees (M Sen);
7 Robert Watson (M50);

3 Robert Henry (M40);
8 James Mayers (M55);

4 Doug Fraser (M45);

5 Paul Slifer (M45);

82

Penicuik H

1 Chris Falconer (M Sen);

2 Adam Gray (M Sen);

3 Daniel Macqueen (M Sen);

4 Allan Dunbar (M40);

83,84

Perth RR

1 Mark Dunn (M Sen);
6 Duncan Ryan (M50);

2 Mark Crawford (M45);
7 Eddie Torrie (M50);

3 David Stokoe (M45);
8 Alan Bothwell (M60);

4 Simon Grieshaber (M50);
9 Mike Dales (M60);

5 David Knight (M50);

85,86,87,88

PH Racing Club

1 Calum Brand (M Sen);
6 Graham McInnes (M Sen);
11 Philip Waring (M Sen);
16 Darran Neilson (M40);
21 John Cassells (M45);
26 Paul Dunning (M50);
31 Martin McNellis (M55);
36 Allen Marr (M60);

2 Aaran Gibb (M Sen);
7 Daniel Monaghan (M Sen);
12 Martin Butcher (M40);
17 Jonathan Peebles (M40);
22 Graeme Doig (M45);
27 Mark Mclean (M50);
32 Robert Milton (M55);
37 Tony Quinn (M60);

3 Darren Jubb (M Sen);
8 Ben Sherriff (M Sen);
13 Andrew Davis (M40);
18 Robert Sellar (M40);
23 Joe Wilson (M45);
28 Willie Rennie (M50);
33 MICHAEL STEWART (M55);
38 Malcolm Hammond (M65);

4 Michael Lindsay (M Sen);
9 Billy Stewart (M Sen);
14 Paul Kieran (M40);
19 Chris Stuart (M40);
24 Andrew Wright (M45);
29 Iain Taylor (M50);
34 John Crookston (M60);
39 Ed Norton (M65);

5 Michael McConnell (M Sen);
10 Stuart Tite (M Sen);
15 Scott Love (M40);
20 Wright Beveridge (M45);
25 Alan Cockburn (M50);
30 Brian Abbot (M55);
35 Ian Robert Johnston (M60);

89,90

Pitreavie AAC

1 Gary Fraser (M Sen);
6 Graham Gordon (M40);

2 Gavin Major (M Sen);
7 Cameron Warner (M40);

3 Andrew Miller (M Sen);
8 Paul Allan (M45);

4 Craig Shield (M Sen);
9 Jeff Farquhar (M60);

5 Craig Chisholm (M40);

91,92,93

Portobello RC

1 Matt Bird (M Sen);
6 David Worrall (M40);
11 Mark Fry (M55);

2 Alan Innes (M Sen);
7 Richie Hallinan (M45);
12 Richard Stewart (M55);

3 David Limmer (M Sen);
8 Andrew McCormick (M45);
13 William Jarvie (M60);

4 George Lupton (M40);
9 Richard Hadfield (M50);
14 Robert MacDonald (M65);

5 Craig Taylor (M40);
10 Neil Park (M50);

94,95,96

Stirling University AC

1 Robin Downie (M Sen);
6 Denver Stretesky (M Sen);
11 Calum Phillip (MU20);

2 Oliver Greenstein (M Sen);
7 Josh Wood (M Sen);
12 Aidan Shea (MU20);

3 Tom Hug (M Sen);
8 Rory Dowd (MU20);

4 Andrew Irvine (M Sen);
9 Hamish Hickey (MU20);

5 Lewis McComb (M Sen);
10 Martin McColgan (MU20);

97

Team East Lothian

1 Cameron Bullen (MU20);

2 Joe Donnelly (MU20);

3 James Fraser (MU20);

4 Fraser Kelly (MU20);

5 Cameron Smith (MU20);

98,99,100

Teviotdale H

1 Rory Anderson (M Sen);
6 Brian Harper (M45);

2 Andrew Gibson (M Sen);
7 Alan Inglis (M50);

3 Derek Scott (M Sen);
8 Raymond Jaffray (M50);

4 Colin Welsh (M Sen);
9 Derek Clyne (M60);

5 Alister Biggar (M45);

101,102

University of St Andrews CC

1 Jonny Brattle (M Sen);
6 Charles Norman (MU20);

2 Ross Broomfield (M Sen);
7 Alex Robinson (MU20);

3 Chris Russell (M Sen);
8 Samuel Thom (MU20);

4 Andrew Taylor (M Sen);

5 Kieran Cooper (MU20);

East District Cross Country Relays

12/10/2019

Dechmont Law, Deans,
Livingston
EH54 8PS

